



Northwest Iowa
Community College

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NEWS

RELEASE

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**CITY OF SHELDON – BLUE ZONES COMMUNITY INFORMATION FORUM
TO BE HELD AT THE NORTHWEST IOWA
LIFELONG LEARNING AND RECREATION CENTER**

The City of Sheldon - Blue Zones Planning Committee would like to invite the public to a Community Information Forum for the Blue Zones Project. It will be held Thursday, January 12th at 7:30pm at the Northwest Iowa Lifelong Learning and Recreation Center (LLRC).

The forum is an opportunity for community members to receive more information about what it means for Sheldon to be selected as a finalist and how becoming a Blue Zone Community would affect Sheldon. There will be a chance to hear from the Blue Zone Planning Committee members and local leadership about this project and what it means to Sheldon residents.

Greta Giese, Blue Zone Planning Committee Member, stated, "The City of Sheldon has applied to become a Blue Zone Community - this is an excellent opportunity for Sheldon to continue its mission of being a family-oriented and health conscious community. Many Sheldon residents are aware of what the Blue Zones Project is, but we want to be sure we are offering every opportunity for our community members to be involved, support this project, and learn more about Sheldon's pursuit of becoming a Blue Zone Community."

For more information contact Greta Giese: (712) 324-5066 ext. 152 or (712) 324-2493.