



Northwest Iowa  
Community College

603 West Park Street  
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**October 9, 2013**

## **NEWS RELEASE**

*May be published  
when received.*

### **Northwest Iowa Community College to Hold its First Annual “Days of Thunder” Celebration October 22 – 26**

Northwest Iowa Community College is holding its first annual “Days of Thunder” celebration October 22 – 26. It is a weeklong homecoming type celebration that will be held every year in October.

John Hartog, Vice President of Student and Academic Services, stated, “NCC is happy to host the “Days of Thunder” because we want to celebrate our rich heritage and our bright future. Our staff and students will join with retirees, business leaders, alumni, senior citizens, families, friends, and hundreds of people from our four-and-a-half counties during various events to be held during the week.”

Hartog continued, “Together we will think back and look ahead. We will commemorate the challenges we have overcome, the strengths we have built up, and the future we face. Students will interact with potential employers. Manufacturing leaders will dedicate a welded sculpture with us. Runners will race for the College. Families will attend classes with their students. Senior Citizens will reconnect with NCC. People are invited to a pulled pork meal and a dueling pianos concert. The entire week will provide great experiences for everyone involved, and we hope that many people do get involved.”

The list of activities includes:

#### **Tuesday, October 22**

#### **Senior Citizen's Event, 8:00am–12noon, LLRC**

RSVP - NCC Continuing Education Division at 800-352-4907 or 712-324-5061

8:00am	Registration/ Free Continental Breakfast
8:30am	Welcome by Dr. Alethea Stubbe
9:00am–11:15am	Bingo
9:00am–10:00am	“Eating Healthy on a Budget” by Sheila Storbakken, RD, LD, Sheldon Hy-Vee Registered Dietician
10:00am–10:15am	Break
10:15am–11:15am	Chair Yoga by Kathleen Osterman, RN, Registered Yoga Instructor
11:30am–12:00pm	Closing Remarks and Door Prizes

### **Wednesday, October 23**

**Manufacturing Day**, 9:30am–12noon, Building C

RSVP – Jerry Baas 800-352-4907 or 324-5061 ext. 380 or email him at: [jbaas@nwicc.edu](mailto:jbaas@nwicc.edu)

9:30am Welcome—Building C, Auditorium

9:45am Welding Sculpture Unveiling & Refreshments, outside between Buildings H & C

10:00am-12pm Open House & Tours of NCC Manufacturing Programs (Other tours available upon request)

**Welding Sculpture Unveiling**, 9:50–10:10am, Unveiling & Refreshments, outside between Buildings H & C

**NCC/KIWA Job Fair**, 10:00am–2:00pm, Building A

This event is intended to introduce prospective employees to about 30 area businesses that have employment opportunities in this region and to showcase different career training options at NCC.

Informational Session Schedule: Room 519H

10:00 – 10:30 Career Options/Job Seeking Skills

10:45 – 11:15 Writing a Résumé that Generates Results

11:30 – 12:00 Winning Interview Skills

NCC Admissions Team available to discuss program options.

### **Thursday, October 24**

**FREE Community Meal**, 5:00–6:30pm, Freewill donation, LLRC - courtesy of Premium Iowa Pork while supplies last

**FREE Community *Big Show Dueling Pianos***, 7:00pm, LLRC - come ready to listen, laugh, sing and dance!

**Juniors & Seniors Campus Overnight Visit**, 5:30pm

RSVP at [nwicc.edu](http://nwicc.edu) (look in the Welcome Box for a registration link). For more information please call 800-352-4907.

5:30–6:00pm Check in @ Lyon Hall (student housing)

6:00–7:00pm Welcome & Dinner

7:00-8:30pm Performance by Big Show Dueling Pianos, LLRC

### **Friday, October 25**

**Show your pride by wearing your NCC swag!** All day - wear your NCC clothing into the College Store and enter a drawing for gift certificates you can use for Spring Textbooks! 1st - \$100 off Spring Textbooks, 2nd - \$50 off Spring Textbooks, 3rd - \$25 off Spring Textbooks! The entire week enjoy 25% off all NCC clothing in the College Store!

**Juniors & Seniors Campus Visit, 7:45am–1:00pm**

RSVP at [nwicc.edu](http://nwicc.edu) (look in the Welcome Box for a registration link). For more information please call 800-352-4907.

7:45–8:30am	Check In/Breakfast
8:30–10:15am	Campus & Program Tours
10:15–11:00am	Admissions & Financial Aid Presentations
11:00am	Lunch

**Family Day, 9:00am–1:00pm, Building A Registration**

RSVP with the number of people in your party to Sarah Fykstra at 712-324-5061, or 800-352-4907, ext. 266 or email her at [sfykstra@nwicc.edu](mailto:sfykstra@nwicc.edu).

\*Use the LLRC for the weekend (Pick up FREE tickets at the LLRC)

9:00am	Coffee/Rolls with the President in Lobby of Building C
10:00am	Campus Tours Available – Meet in Building A Lobby,

**Demonstrations and Presentations – Everyone Welcome to All Sessions**

9:05-10:00am	Administrative Secretarial, 219B
9:05 & 10:10am	Total Body Pump Workout, LLRC
10:10-11:05am	Health Information Technology and Medical Coding, 220B Accounting, 202B, Arts & Sciences, 117A
12:20-1:15pm	Engineering Design & Design Technology, 320C
1:25-2:20pm	Computer Science, 341C, Carpentry House
2:30-3:25pm	Collision Repair & Refinishing Technology, 426D
11:00am-1:00pm	Lunch in Cafeteria – FREE to families * Entertainment provided - Pick up FREE Lunch Tickets in Lobby of Building A, (Must RSVP by October 18 to Sarah Fykstra at <a href="mailto:sfykstra@nwicc.edu">sfykstra@nwicc.edu</a> or 800-352-4907, ext. 266)

**NCC/KIWA Thunder Road Race, 4:00–7:00pm, Packet Pick-up, LLRC**

**Saturday, October 26**

**NCC/KIWA Thunder Road Race**

Register Online at [www.allsportcentral.com](http://www.allsportcentral.com) - All Proceeds benefit student scholarships

7:45–8:45am	Packet Pick-up, LLRC
8:30am	Pre-race Warm-up,
9:00am	Thunder Road Race, LLRC, 1 Mile Fun Run/Walk, 5K Run/Walk, 10K Run, costume contest, post-race refreshments, medals/trophies