

NEWS RELEASE

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603 West Park Street, Sheldon, Iowa 51201
Phone 712-324-5061 or toll free 1-800-352-4907, Ext. 105

Northwest Iowa Community College Hosts Feeding the Hungry in Sheldon Events

Northwest Iowa Community College's Diversity Committee is hosting a series of events this spring entitled: **Feeding the Hungry in Sheldon**.

The first event will be a panel discussion March 22 at 12:30pm in Building A, Room 116-119 with the following guests:

- Kari Kopperud, Middle School Counselor, will present about the backpack program that serves about 95 students at East Elementary and another 35 students at Sheldon Middle School.
- Tricia Meendering will talk about the summer lunch program that serves an average of 68 people a day (55 children) five days a week at Sheldon United Methodist Church.
- Barb Hibma will talk about the evening Community Meal held the third Monday of the month at Living Water Community Church.

The second event is Margaret Murphy from the ISU Extension Office in Rock Rapids who will present on Tuesday March 28 at 11:35 am and 12:35 pm in Building A, Room 116-119.

- Food Pantry Gardens, growing to donate to a community food shelf.

The third event is Renee Sweers, Nutrition and Wellness Specialist at the ISU Extension office in Sioux City, who will present on Wednesday, March 29 at 12:30 pm in Building A, Room 116-119.

- Spend Smart Eat Smart (SSES) program.

The mission of the Northwest Iowa Community College Diversity Committee is to create a welcoming atmosphere to all people, challenge stereotypes, and promote sensitivity, inclusion and mutual respect for each other.

The **Feeding the Hungry in Sheldon** events are designed to inform people about programs that are being offered and challenge them to volunteer and get involved and make a difference in our community.

These events are free and the public is invited to attend.