



Northwest Iowa  
Community College

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## **NEWS RELEASE**

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### **Northwest Iowa Community College Hires Lifelong Learning and Recreation Center Coordinator**

Greta Giese started in March at Northwest Iowa Community College as the Coordinator of the Northwest Iowa Life Long Learning and Recreation Center. Greta and her husband, Mitch, currently live in Rock Valley but are in the process of moving to Sheldon.

Giese received her B.A. in 2006 from Buena Vista University majoring in Exercise Science. While at Buena Vista she played softball and was a lifeguard. In 2009 she received her Master of Arts in Leisure Services from the University of Northern Iowa. At UNI she taught undergraduate physical education courses and a variety of group fitness classes at the Wellness and Recreation Center (WRC). Giese also coached swim teams for youth, middle school, high school, and Masters (adult) participants. From 2008 until coming to NCC, she managed the Wellness Department at Hegg Memorial Health Center in Rock Valley.

Giese commented, "I am thrilled to have the opportunity to work with the staff and students of NCC in their wellness and recreation pursuits. The support and enthusiasm of the community members and businesses in Sheldon is incredible, and I look forward to the great things we can accomplish together in this outstanding new facility!"

The Northwest Iowa Lifelong Learning and Recreation Center is nearing completion, and NCC anticipates its' opening at the end of May. Questions can be directed via email to [llrc@nwicc.edu](mailto:llrc@nwicc.edu) or by phone at 1-800-352-4907 ext. 152.