



Northwest Iowa
Community College

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NEWS RELEASE

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10th Annual Lakes Health Conference: “It’s a Jungle Out There” to Feature Matt Jones & LaDonna Gatlin

Area health professionals will have the opportunity to gain new perspectives on topics such as Workplace Boundaries, Teen Suicide, The past, present and future of nursing, as well as a look at how “healing” can often be more meaningful to patients and clients than “curing”.

Matt Jones, a three-time cancer survivor and global marathon runner, is committed to inspiring audiences and delivering strategies to help organizations and individuals thrive in the midst of adversity. LaDonna Gatlin will inspire attendees to “live their values from the inside out”.

Laced with humor and heartfelt personal stories, this keynote delivers seven key principles that can guide us through anything life throws at us.

“Life is becoming more complicated and stressful in spite of our time-saving devices and technological advancements. It truly can be a “Jungle Out There” where we find ourselves ill-prepared to face many things in our personal as well as professional lives. This year’s health conference will focus on many challenges and how to deal with them”, said Marilyn Stille, one of the organizers of the event.

The conference will once again be held at Arrowwood Resort in Okoboji, Iowa and will begin at noon on June 5th, and conclude on Friday, June 6th.

As in the past, the event is co-sponsored by Iowa Lakes Community College and Northwest Iowa Community College in Sheldon.

More information on the topics planned for the conference can be seen on our respective websites or by calling Rosemary Coleman, Iowa Lakes Community College Programmer (800) 242-5108 ext 5227, (rcoleman@iowalakes.edu) or Marilyn Stille, Northwest Iowa Community College, Continuing Education Coordinator, (800) 352-4907 ext. 143, mrstille@nwicc.edu.

PHOTO ID: Photos of Matt Jones and LaDonna Gatlin are attached.

MEDIA: For more information, please contact Rosemary Coleman or Marilyn Stille at numbers or emails listed above, or the Iowa Lakes marketing office at 712-362-7944