

NEWS RELEASE

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Northwest Iowa Community College Life and Leisure Classes Starting Week of April 17

Want to learn a new hobby, improve your day-to-day life or experience a relaxing outing with friends? At Northwest Iowa Community College, we are striving to develop programming that is relevant, up-to-date, informative and FUN.

Dancing with the Stars – SOMEDAY! Instructors: Ron and Wanda Kooima. If you are a beginner, this is where you need to start. In four classes you will learn the 2-step, waltz and polka. The instructors' main expertise is keeping things simple and easy. Dancing is FUN – in addition, it can improve your general health, combat stress, improve self-confidence, and expand your social circles. Come and join us as we prepare to Dance with the Stars! Enrolled partner required. Leather soled shoes preferred. Online registration is not available. Please call the College. This course will be on four consecutive Mondays, April 17-May 8 from 7:00-9:00 pm in the Lifelong Learning and Recreation Center's Aerobics Room on the east side of NCC's campus. Tuition: \$59 per couple.

Financial Workshop: Instructor: Sheila Peelen. Financial education is an important step in helping you achieve a better future. This workshop will offer clear and practical investing education in a convenient and comfortable format. By attending this workshop, you'll gain a better understanding of the key principles of saving and investing and also learn specific strategies to help you reach your long-term goals. Topics for the four sessions will be: "Foundations of Investing," "Retirement by Design," "Ready or Not? Preparing for the Unexpected," and "Preparing Your Estate Plan." A local attorney will assist in the presentation for the final week. This course will be on four consecutive Mondays, April 17-May 8 from 5:30-6:30 pm on NCC's campus, Building H, room 519. Tuition: \$15 per couple or \$10 for single.

Intermediate Crocheting: Instructor: Julie Waldstein. Students will receive a brief refresher, if needed, on crochet stitches and will dive right into making a project of their choice (scarf, baby blanket, afghan, dish cloth) using a specified pattern for which instructions will be provided. Students enrolling in this course must be able to read a simple crochet pattern and complete basic crochet stitches independently (chain, single crochet, and double crochet). Supplies Needed: A skein of medium weight yarn and size I (9) crochet hook. MAY bring 2 or 3 different complimentary colors. Recommendations: Crafter's Choice yarn (found at Hobby Lobby) or Red Heart yarn (found at Wal-Mart and most craft stores) and Susan Bates brand hook – this brand of yarn is forgiving and easy to work with and this hook tends to work well for most people. This course will be two consecutive Tuesdays, April 18 & 25 from 6:30-8:30 pm on NCC's campus, Building A, room 122. Tuition: \$39.

Barrettes 101: Instructor: Marilyn Stille. Learn the basics of barrette making! We will discuss the types of ribbon, hardware, and technique to make bow barrettes and view many examples of holiday, team, and embellished barrettes for babies to the older children. You will take home the bow barrettes you make in class. All students will need to take scissors, ruler and a glue gun (if you have one) to class. This class is for adults. The class fee includes all the supplies for the barrettes. This course will be on Wednesday, April 19 from 6:30-8:30 pm on NCC's campus, Building D, room 409. Tuition: \$29.

Junk Bonanza: Do you consider yourself an antiquer, junker, or flea market aficionado? If so, you will not want to miss this spring day trip to the Junk Bonanza in Shakopee, Minnesota! Enlist some friends to join you to browse spectacular displays of wonderfully priced vintage and antique wares from hand-picked vendors in an indoor setting. Food is available from several venues on-site. Free workshops and demos are also included in the admission price. No worry about who's going to drive or where to park – we will handle that. The NCC Bonanza Charter Bus will have pick-ups and drop-offs on the NCC campus in Sheldon, IA and Shopko in Worthington, MN. Pickups will be 6:00 am in Sheldon and 6:45 am in Worthington. Expected return time will be around 10 pm. A halfway rest stop will be provided coming and going with snacks provided. There will be plenty of room on the bus to transport treasures found at the Bonanza. Jan Snyder & Twyla Vogel will lead the escapade, promising lighthearted fun while traveling. The fee for this day will include transportation and admission to the JUNK BONANZA vintage market. Please indicate at time of registration the location you will be boarding the bus. Bring a friend...or two....or three! This road trip is scheduled for Friday April 21. Fee for this day trip is \$85.

Iowa Spring Wildflower Photo Workshop: Instructor: Ken Fry. Spring is coming and so are the Iowa wildflowers. Ken has been photographing Iowa wildflowers for over 25 years and this outdoor workshop will teach you the secrets of macro photography, how to compose better flower and landscape photos, and how to get the most from your camera. The workshop will run from 9:00 am to 2:00 pm on April 22 and will involve travel to the park where the flowers can be found. Each student will need to bring their camera, the camera manual, a tripod if available and wear clothing to match the weather. Please meet at Centrum Foto Studio, 215 Central Ave NE, Orange City, IA. Tuition: \$55.

To register, call Northwest Iowa Community College at 712-324-5061 or 800-352-4907 and ask for Continuing Education.