



Northwest Iowa  
Community College

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## **NEWS RELEASE**

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### **Northwest Iowa Community College Announces an Innovative Collaboration Between NCC and Sanford Sheldon**

Northwest Iowa Community College announces an innovative collaboration between NCC and Sanford Sheldon that will meet the wellness needs of residents of Northwest Iowa.

Starting May 1, 2013, the Northwest Iowa Lifelong Learning & Recreation Center (LLRC) and Sanford Sheldon Wellness Center, that is currently located on the medical center campus, will merge into one fitness facility. The Wellness Center will remain open, it will continue to be staffed during the day, and it will continue to be a 24/7 access facility. However, the agreement is that NCC will run both operations under their LLRC umbrella.

This combination will benefit Wellness Center and current LLRC members alike. Some of the benefits will be:

- allow access to additional space
- allow access to added state-of-the-art equipment at the LLRC
- allow access to fitness equipment 24/7 at the Wellness Center
- allow access to additional health and recreation classes
- allow access to additional amenities the Wellness Center does not currently offer such as basketball/volleyball courts, additional fitness equipment and expanded class offerings

Greta Giese, Coordinator for the LLRC, said, "We will be working with the current Wellness Center members individually to design a personalized plan that will make the membership transition as easy as possible." Giese continued, "It is our pleasure to partner with Sanford in facilities that offer safe, clean, and friendly environments for students and community members to gather and focus on the pursuits of lifelong learning, recreation, and wellness. We are thrilled about the numerous possibilities that the LLRC offers our community. Thank you for your support of this exciting project and outstanding facility!"

Rick Nordahl, CEO Sanford Sheldon, stated, "Although Sanford Sheldon will no longer be directly involved in the wellness center, I am confident that this decision to incorporate the services under a single umbrella is the right thing to do for Sheldon and the greater community we serve."

Alethea Stubbe, President, NCC, concluded with, "Building upon our long history of strong existing partnerships with Sanford Sheldon, this new alliance will serve our

communities and students well into the future. Lifelong learning is central to our mission, whether that's providing an education, training a skilled workforce or helping our communities improve the quality of life for our citizens. We are happy to serve Northwest Iowa through this new relationship and grateful to Sanford Sheldon for its ongoing support."

If you have any questions, please contact Greta Giese the Coordinator of the LLRC by phone at (712) 324-5061 ext. 152, 1-800-352-4907 or by email at [ggiese@nwicc.edu](mailto:ggiese@nwicc.edu). You can find more information about the LLRC at [nwicc.edu](http://nwicc.edu) or on Facebook at [/nwicc.LLRC](https://www.facebook.com/nwicc.LLRC).

Northwest Iowa Community College's mission is to be a progressive learning college rapidly responding to the changing needs of our global community.