



Northwest Iowa  
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## **NEWS RELEASE**

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### **Angie Shilling Named Northwest Iowa Community College's 2014 Alumnus of the Year**

Each year, one outstanding graduate of Northwest Iowa Community College is recognized for his or her success in their chosen profession and support of NCC. The recipient of the 2015 Alumnus of the Year Award is Angie Shilling, Primghar, IA, 1994 NCC Alternative High School graduate and 2003 Associate Degree Nursing graduate.

Angie was raised in Primghar, Iowa, by her parents Roger Frangenberg and Denise Moore. She began her schooling at South O'Brien High School, but completed her high school diploma at the Northwest Iowa Community College Alternative High School in 1994. Upon graduation, Angie was employed as a CNA and as kitchen help at Primghar Care Center. She also worked at Dave's Place, a restaurant in Primghar.

After a few years, Angie realized she needed to pursue higher education and get a more stable career. She was torn between nursing and cosmetology. At that time, Angie had a small child at home and decided that though her heart was telling her to go into nursing, the idea of having nights, weekends and holidays open was more practical at that time in her life.

Angie decided to attend the Faust Institute in Spirit Lake, and received a degree in Cosmetology. She began to work at the JC Penney Salon to support her young family. However, Angie never shook her interest in nursing. Angie had a few clients who were nurses, and she would get jealous of the stories they would share about their nursing experiences.

Over time, the solution was obvious; Angie needed to go back to school for nursing. She started her nursing degree at NCC in 2001 and during the program's required preceptorship, Angie began her career at Baum Harmon Mercy Hospital in Primghar. In 2003, Angie graduated with her Associate Degree in Nursing, and promptly continued her education at Briar Cliff University for her Bachelor of Science in Nursing. At this time, she also began to work full time as an RN at the Baum Harmon Mercy Hospital.

As if schooling, a full-time career as a nurse, and being active in family commitments wasn't challenging enough, Angie would also spearhead a project at Baum Harmon entitled the "Employee Influenza Immunization Campaign." This campaign was so successful it won Angie state and national recognition. In 2008, she won national recognition with an Excellence in Innovation award. In 2009, she was named one of the 100 Great Iowa Nurses by the Advance Healthcare Network. By 2013 Angie was named the Director of Nursing for Baum Harmon Mercy Hospital. Shortly thereafter, Angie began to work on her Master's degree in Healthcare Administration through Briar Cliff.

Most recently, Angie took on a new role at Baum Harmon Mercy Hospital. She is now the Chief Operating Officer. In 12 short years, Angie went from being a student preceptor to being the head administrator at the same hospital she was born in. She managed to do all this while raising a family, being active in her community and continuing her education.

When Angie isn't busy with her family or job, she can be found volunteering her time and talents to the O'Brien County Community Foundation and the Primghar JayCees.

Adam Besaw, NCC Board of Trustees Vice President and a lifelong friend of Angie, nominated Shilling for this award. In Besaw's submission he says, "Angie is a prime example that the foundation of success can be laid here at Northwest Iowa Community College."

Kristi Landis, NCC Alumni Coordinator, said, "This year's recipient wears many hats, including mom, wife, nurse, community volunteer, student and just recently Chief Operating Officer. Angie is a true example that any dream can be met if you have determination and a passion for lifelong learning."

Angie is married to her husband Jason, who works at JTV Manufacturing in Sutherland, IA. They have 4 children, Ashley, who is 16, Brennen age 10, Taylor age 4 and lastly Luke who is 2.