How to Register for LLRC Group Fitness Classes:


If you’ve used our registration website before, click **User Login** and enter your login information.
If you have not used our registration website before, click **Create New Account** and register to use this site.
If you aren’t sure, call us at (712) 324-2493 or email Greta at ggiese@nwicc.edu.

You won’t be able to register for a group fitness class without a User Login.

To register for a group fitness class, click on Register for Activities.
On the left hand side of the page, you’ll see options to **Select Activity**. Click the + next to **Group Fitness** to expand the available Group Fitness class options.

The available classes will display on the right hand side. Select the class you want to register for.
Enter the necessary information to reserve this timeslot including accepting the **Terms/Conditions/Waiver**.

Click **Add to Cart**.
Please note that for our Unlimited Group Fitness members, there will be no additional registration fee for the classes you register for – the discount code will be automatically applied when you checkout.

You must **Check Out** to complete the class registration.
Click **Pay** (even if there is no fee associated with this transaction – e.g. you are an Unlimited Group Fitness member).
Once you see **Registration Complete**, you’re good to go!

Reminders as we re-introduce **Group Fitness** classes during Phase II:

- We are phasing in small group fitness classes during Phase II - our class schedule will be small in offerings and capacities will be limited to 20 or less participants (10 or less in Indoor Cycling classes).
- The class schedule is listed on our website - [nwicc.edu/llrc/llrc-classes](http://nwicc.edu/llrc/llrc-classes) - that's where you can find the upcoming classes that are available to you.
• Pre-registration for classes is required. Please register ahead of time via our Registration Website - llrc.activityreg.com. You will register for each date/class that you intend to participate in.
• Unlimited group fitness members can participate without incurring additional registration fee. All other registrations will be $5 per class for members and $8 per class for non-members.
• Cancellations can be made no less than 24 hours before class. A waitlist will be available in the event a class has reached capacity.
• Drop-ins for classes will not be allowed.
• You must be a minimum of 13 years old to participate. Social distancing practices will be strictly enforced.
• Cubbies will be available, but we encourage you to bring only what you need for class.
• Teachers will not offer hands-on assistance and will maintain a safe distance from all participants.
• We will not store any group fitness equipment in the aerobics room (other than Indoor Cycling bikes). You may need to check out equipment at the front desk.
• The aerobics room and equipment will be disinfected thoroughly after each class.
• The locker-rooms are not open during Phase II.
• You are welcome to wear a face mask if you prefer, but it is not required.
• Instructors and participants are required to answer "no" to all COVID-19 screening questions before entering our facility, and temperatures are checked at the front desk upon arrival.